

# BEXLEY DEAF CENTRE

20 Whitehall Lane, Slade Green, Kent, DA8 2DH

Tel: 01322 351122 Fax: 01322 339428

[www.bexleydeafcentre.org.uk](http://www.bexleydeafcentre.org.uk) Email: [bexleydeafcentre@fsmail.net](mailto:bexleydeafcentre@fsmail.net)



## Monthly Newsletter

Welcome to our monthly newsletter, where you will get up to date information on a variety of subjects and services and also the latest news.

### Need help with Digital Switchover

Did you know that current analogue TV signals will stop from April 2012, this means if you still have an old 'fat' TV (bulky TVs) it won't receive normal signal anymore, so you either got two options:-

- buy a new flat screen TV or
- if you want to keep your TV then buy a freeview set up box
- 

It will be cheaper to get a new TV in the long run. If you still unsure, don't understand or need someone to explain the process with you then get in touch with [gary@slvspartnerhip.org.uk](mailto:gary@slvspartnerhip.org.uk) or 07877 768307

### Music video with BSL

Do you like music, here is a music video with BSL, Deaf people can understand the songs as well as hearing people, this video receive great comments, click below and enjoy.

<http://www.youtube.com/watch?v=ZXvzzTICvJs>

### Success at Bexleyheath Pop in Parlour

Since launching another hearing aid clinic and information service in Bexleyheath, we have had a huge number of people visiting Bexleyheath Pop in Parlour so it is a great success for us. It also means easier access for people to visit. The clinic is held every Monday 10am - 1pm.

### Hearing Aid Clinic

The hearing aid advisor is available during the days and times listed below:-

Monday	10.00am - 1.00pm (Bexleyheath Pop in Parlour, Graham Road, Bexleyheath)
Monday	1.00pm - 3.00pm
Tuesday	10.00am - 3.00pm
Thursday	10.00am - 2.00pm
Friday	10.00am - 1.00pm

If you require help or advice regarding your hearing aid please come between these times.  
No appointment necessary.

We do have home visiting service. One of our volunteers will visit you. This service is for Bexley Borough residents who are unable to leave the home. Please contact the Deaf Centre for more details. only people who are house bound or severe mobility restrictions.

### How safe are you when using computers

Lately, there has been a big rise of hackers and cyber crime towards Deaf people when they are using the internet and social network sites. Here's top tip to protect yourselves.

1. Never, Never ever give your details online unless this is a trusted webpage, this is the biggest golden rules of all times.
2. Never respond to spam emails or open them, as once you open them they can slip in a hidden virus which records your key logging (means they record every time you use the keyboard).
3. If you are using windows, make sure your firewall, antivirus and spyware are regularly updated, scan them twice a month if you are using the computer a lot.
4. Beware of facebook, a lot of hackers are using facebook to get your details, so the less information you put about yourself the better, don't accept anyone who wants to your friends unless you know they are your real friends and make sure they are genuine.