

## **Health & Wellbeing Coach**

Salary: £15,206 (pro rata of £30,413) 6-month fixed term contract, potentially extended to March 2026

At Bexley Voluntary Services Council (BVSC), we're passionate about strengthening our local voluntary and community sector to make a real difference in people's lives. We're a supportive, proactive team who collaborate across sectors to create practical, community-led solutions.

Are you passionate about helping people take control of their health and wellbeing and believe in the power of listening, empathy, and community support?

We're looking for a compassionate and proactive Health & Wellbeing Coach to join our team, supporting Bexley residents living with multiple long-term health conditions. This is a rewarding, community-based role where you'll work one-to-one with individuals to help them build confidence, set meaningful goals, and access the right support to improve their physical, emotional, and social wellbeing.

Using a person-centred, coaching approach, you'll support people over 4–6 sessions—meeting them in local spaces like GP surgeries, libraries, and community centres. You'll help residents navigate services, overcome barriers, and move towards greater independence and better health.

If you're kind, organised, and committed to making a difference in people's lives and you're confident working both independently and in partnership with others—we'd love to hear from you.

Based at Engine House, Erith, with some travel across Bexley.

Closing date for applications is Thursday 17th July 2025

Interviews will take place on a rolling basis with initial dates being Thursday 10th July, Tuesday 15th July, Monday 21st July 2025.

Please send your CV and a covering letter, outlining how you fit the criteria detailed in the job description and why you would like the position, to info@bvsc.co.uk

Don't meet every single requirement? At BVSC we are dedicated to building a diverse, inclusive and authentic workplace, so if you're excited about this role but your past experience doesn't align perfectly with every qualification in the job description, we encourage you to apply anyway. You may be just the right candidate!

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